



# PROJECT POSHAN UPDATE Fight Against COVID-19



The global outbreak of coronavirus disease 2019 (COVID-19) is severely affecting healthcare systems and economic activity. Our country is under lockdown to slow the spread of the disease and prevent community transmission. Designated hospitals are currently overloaded with patients, while the health care staff is facing an extreme shortage of protective equipment. The lockdown is also causing severe economic difficulties, especially for daily wage-earner families.

Front-line workers (Anganwadi workers and ASHA workers) are conducting survey of containment zones and villages without any protective gear, like masks or gloves. Most of the people in project locations are daily wage earners. The situation has worsened for the families in tribal and rural areas of Karjat and Panvel because of shortage of food. UWM team is at the frontlines supporting public health officials and community organisations.

Through United Way Mumbai's COVID-19 Response we are supporting Project Poshan beneficiaries and low income families, whose income source has been severely depleted by the COVID-19 pandemic and frontline health workers, who require personal protective gear.



Providing ration and essential kit for Poshan beneficiaries and low income families



Providing masks, gloves and sanitizers for frontline health workers



Training of frontline health workers and community members through WhatsApp and Zoom calls

#### **IMMEDIATE REQUIREMENT - HEALTH WORKERS**



The rapid spread of COVID-19 has caused a shortage of protective equipment for healthcare and frontline workers.

Safety of Healthcare workers: We are providing personal protective equipment such as N95 masks, 3-ply masks, nitrile gloves and hand sanitizers to healthcare workers in government hospitals and public health centres to deal with the acute shortage. Hospital equipment & Awareness materials: We are also equipping government hospitals with medical equipment like thermal scanners and awareness material.

#### **IMMEDIATE NEEDS - RATION & ESSENTIAL KITS**



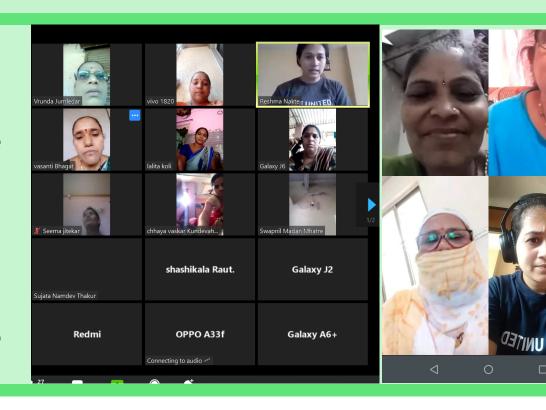
Daily wage earners, small business owners and self-employed persons in marginalised communities are facing the brunt of the nationwide lockdown and loss of livelihood. We are supporting them and their families through the provision of ration and basic essentials.

Each kit will include items such as: Food items like: Rice (10 kg), Wheat Flour(10 kg), Tur Dal(3 kg), Moong Dal(2 kg), Cooking Oil(3 litres), Salt(1 kg), Sugar(3 kg), Tea Powder(0.5 kg).

#### VIDEO SESSIONS FOR FRONTLINE HEALTH WORKERS

After the nationwide lock-down, our team has started training the front-line health workers through WhatsApp group video calls and Zoom calls. So far, we have conducted 3 sessions for ICDS supervisors and 2 Zoom calls for Anganwadi workers on COVID-19 safety measures for the community.

68 Anganwadi workers and 5 ICDS supervisors participated in the training sessions. Topics discussed during the training included, an understanding of the COVID-19 pandemic, its prevention, care during pregnancy and lactation and of children from 0-6 years of age.



#### THANK YOU FOR SUPPORTING PROJECT POSHAN



# PROJECT POSHAN UPDATE Fight Against Malnutrition



Malnutrition is a complex problem that requires a multifaceted and concerted response. Thus, this year we are focusing on creating an enabling environment for children by villages free from malnutrition with the participation of the whole community.

### INTERNATIONAL WOMEN'S DAY, 8TH MARCH

International Women's Day (IWD) is celebrated on the 8th of March every year around the world. Many organizations, including the United Nations, use this day to also celebrate extraordinary achievements of ordinary women. To encourage and motivate women and adolescent girls of the community, we commemorated International Womens Day at Anganwadi centres in Panvel and Karjat, Raigad.

At the commemoration, women achievers were invited to share their success stories with the community focusing on how they achieved their goals and where they have reached today.

- Child Development Project Officer (CDPO), Panvel Block- II, School Headmaster of Village school, Auxiliary Nurse Midwife(ANM), Advocate and school teachers shared their success stories with the community.
- A school girl from the Raigad Zilla Parishad School also shared an inspirational story on contribution of Indian Educationalist, Savitribai Phule.
- More than 80 women and adolescent girls in Panvel and 70 women in Karjat were present at the events.
- Female achievers from the village were also felicitated during the event for their extraordinary efforts and achievements.

Ms. Jyoti Gandhi is the Child Development Project Officer (CDPO) of Panvel Block- 2. Her journey of becoming the CDPO from supervisor is inspiring and motivational. During the IWD celebration she mentioned how she had to travel 30 km everyday for her studies. Sometimes she found it extremely difficult to get a local vehicle to reach her college. But that didn't stop her from fulfilling her dream. Now she is a CDPO, handling and coordinating with more than 140 Anganwadi centres of Panvel Block-2.







Above: Women and adolescent girls participated in the celebration



Above: Ms. Jyoti Gandhi CDPO, Panvel-2, addressing the event

## **Parents Meeting**



- The team conducted 24 parent meetings on ANC and PNC care and complementary feeding in the villages of Karjat and Panvel. 45 pregnant women, 56 lactating mothers and 129 community members attended these sessions.
- 51 one-on-one counselling sessions for the parents of SAM children were conducted by the team. The team counselled the parents about home based care of children with no clinical signs and locally available nutritious food for SAM children.

\*Details of parents' meetings conducted till 14th March.

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